



Discover Tomorrow's You: A Highly Skilled Tinnitus & Hyperacusis Specialist

Tinnitus & Hyperacusis Therapy Masterclasses will be in **Guildford** (6-10 March 2017), **Zurich** (5-7 April 2017), **Amsterdam** (3-5 May 2017), **Copenhagen** (7-9 June 2017) and **Guildford** (11-15 September 2017).

The UK-based Masterclasses have been endorsed for 40 CPD points by **Audiology Australia** (AA), 30 points by the **British Academy of Audiology** (BAA) and the **British Society of Hearing Aid Audiologists** (BSHAA). The Europe-based Masterclasses have been endorsed for 27 points by AA, and 18 points by the BAA & BSHAA.



Website: <http://tinnitustherapy.org.uk/>

These original “hands-on” masterclasses offer fantastic opportunity for audiologists in order to extend their scope of practice in offering **specialist rehabilitative approaches for management of tinnitus and hyperacusis in children and adults.**

Participants will be provided with the specialist skill, knowledge and tools which are essential for developing or expanding their Tinnitus service. In addition, this course provides a range of lectures on the most recent research evidence on tinnitus and hyperacusis.



Course highlights

- Participants will be provided with the specialist skill, knowledge and tools which are essential for developing a Tinnitus & Hyperacusis Therapy Clinic.
- Participants will leave this practical course with a solid grounding in tinnitus and hyperacusis therapy that can be put into practice straight away.
- At every stage of learning, theory will be constantly applied to practical examples. There will be many case studies and practical training sessions on various rehabilitative approaches.
- Participants will have access to the course manual, worksheets, counselling tools and forms to use with their patients.
- Participants will be provided with all documentation required for service development including templates for tinnitus clinic protocol, reports, clinical audit and service evaluation guidelines.



Topics

- Tinnitus and hyperacusis assessment and rehabilitation
- Paediatric tinnitus and hyperacusis rehabilitation
- Specialist cognitive behavioural therapy focused on tinnitus and hyperacusis management
- Evidence-based practice
- Service development
- Guideline for onward referral
- Management of a tinnitus & hyperacusis rehabilitation service
- Neuromodulation for tinnitus treatment
- Advances in neurobiology of tinnitus and hyperacusis
- Syndromic tinnitus



Course director:

Dr. Hashir Aazh, Royal Surrey County Hospital, UK

Guest speakers:

Professor Jos Eggermont (Canada), Mr. Don McFerran (UK),
Professor Tobias Kleinjung (Switzerland), Professor Richard
Salvi (USA), Professor Marlies Knipper (Germany),
Dr. Michael Landgrebe (Germany), Dr Dawn Querstret (UK),
Dr Veronica Kennedy (UK), & Dr. Alain Londero (France)



learning outcomes

By the end of this course students should be able to:

- Make appropriate onward referrals to ENT for medical examination and treatment.
- Identify limits of their own professional competence and boundaries and make appropriate onward referrals to mental health.
- Apply the bio-psycho-social model of healthcare in assessment and management of tinnitus and hyperacusis.
- Critically analyse the clinical application of a wide range of self-report questionnaires in assessment of tinnitus handicap, tinnitus loudness, annoyance and effect on life, severity of insomnia, and symptoms of anxiety and depression.
- Critically interpret the outcome of the Uncomfortable Loudness Levels test and the application of psychometric self-report assessment tools in diagnosis of hyperacusis and quantifying its severity and its effect on patient's life.
- Select and apply a wide range of specialist self-report tools for screening of underlying panic disorder, phobia, obsessive compulsive disorder, generalised anxiety, suicidal ideations, health anxiety and depression and make appropriate onward referral to mental health services for further investigations and treatment.
- Analyse and critically discuss the relevance and evidence-base for psychological models of chronic tinnitus and hyperacusis.
- Critically discuss the key cognitive behavioural theories and their relevance to the development and maintenance of troublesome tinnitus and hyperacusis.
- Apply a wide range of basic cognitive behavioural therapy (CBT) skills for management of tinnitus and hyperacusis.
- Apply a wide range of basic counselling skills in order to help the patient to explore and pinpoint the tinnitus or hyperacusis-related distress and the significance of their impact on the patient's life.
- Develop formulation and case conceptualisation focused on tinnitus/hyperacusis-related distress
- Design appropriate Behavioural Experiments for tinnitus and hyperacusis rehabilitation
- Use Diary of Thoughts and Feelings and Thought Records for management of tinnitus and hyperacusis associated distress
- Apply principles of guided discovery and empirical demonstration in order to help the patient explore the effect of tinnitus/hyperacusis on their life, their cognitive appraisal, emotional and behavioural reaction.
- Use Socratic questioning style in order to help the patient explore alternative perspectives and attitudes.
- Apply a wide range of basic client-centred counselling skills and empathic listening skills within a clinical context for patients experiencing troublesome tinnitus and hyperacusis.
 - Identify the ethical limits of the use of counselling skills.
- Critically analyse the clinical practice guidelines for management of tinnitus and hyperacusis.
- Develop a Tinnitus and Hyperacusis Rehabilitation Clinic informed by the latest research evidence and consistent with professional guidelines.

Course

Tinnitus & Hyperacusis Therapy Master Class

6 - 10 March 2017, Guildford, UK

Venue: Guildford Harbour Hotel, 3 Alexandra Terrace, High Street, Guildford, GU1 3DA, United Kingdom

Course Fee:

Supersaver (if you register by 6th October 2016): £1250

Saver (if you register by 6th November 2016): £1300

Early bird (if you register by 6th December 2016): £1350

Standard Fee: £1400

Tinnitus & Hyperacusis Therapy Intensive Master Class

5-7 April 2017, Zurich, Switzerland

Venue: Hotel Continental Zurich, Stampfenbachstrasse 60, CH-8006 Zurich, Switzerland

Course Fee:

Supersaver (if you register by 15th December 2016): £1250

Saver (if you register by 15th January 2017): £1300

Early bird (if you register by 15th February 2017): £1350

Standard Fee: £1400

Tinnitus & Hyperacusis Therapy Intensive Master Class

3-5 May 2017, Amsterdam, Netherlands

Venue: Radisson Blu Hotel, Rusland 17, 1012 CK Amsterdam, The Netherlands

Course Fee:

Supersaver (if you register by 15th November 2016): £1250

Saver (if you register by 15th December 2016): £1300

Early bird (if you register by 30th January 2017): £1350

Standard Fee: £1400

Tinnitus & Hyperacusis Therapy Intensive Master Class

7-9 June 2017, Copenhagen, Denmark

Venue: IDA Mødecenter, Kalvebod Brygge 31-33, 1780 København V, Denmark

Course Fee:

Supersaver (if you register by 15th December 2016): £1250

Saver (if you register by 15th January 2017): £1300

Early bird (if you register by 15th February 2017): £1350

Standard Fee: £1400

Tinnitus & Hyperacusis Therapy Master Class

11-15 September 2017, Guildford, UK

Venue: The Academy, Holiday Inn Guildford, Egerton Road, Guildford, Surrey, GU2 7XZ, United Kingdom

Course Fee:

Supersaver (if you register by 15th January 2017): £1250

Saver (if you register by 15th February 2017): £1300

Early bird (if you register by 15th March 2017): £1350

Standard Fee: £1400

How to Register? Places will be booked on a first-come-first-served basis.

Please complete the application form via

<http://tinnitustherapy.org.uk/Registration.html> and email it to

hashir.aazh@tinnitustherapy.org.uk